



## **Loosemeat Sandwiches**

### Ingredients

- 2 lbs lean ground beef-good quality, not too lean
- 2 cups of hot Water
- 1 Tbsp French's regular mustard
- ½ package Lipton French Onion Soup mix
- Fresh hamburger buns

### Instructions

Heat a large (10-12 inch) deep-sided saute pan on medium high.

Brown the ground beef, turning and chopping up the meat to brown and separate on all sides and not have chunks stuck together. I do not use any oil to do this.

Add the water and bring to a boil. Add mustard and soup mix and stir well. Put on the fan and continue to boil on the stovetop uncovered until most of the water is absorbed – this takes me about 20-30. Stir often. If you are going to freeze these, cool the meat mixture.

Scoop cooked meat onto fresh hamburger buns. Serve with picnic type side dishes...beans, potato salad, pickles, cole slaw, whatever your heart desires.